I. Welcome and Introductions

GCEH Chair, Jennifer Carter Dochler

Attendance:

Jennifer Carter Dochler
Donna Cash
Jayna Gray for Sandy Wilson
Cassandra Kauffman
Edwin Cooper
Dottie Kastigar
Jessica Dryden
Liz Hagar Mace
Katie Burnham Wilkins
LaTeacha Tigue
Sarah Owlsley Townsend
Sarah Parsons
Robert Rorah
Melissa Wilding
Carolyn Stemmons
Anthony Smith
Tammy Walker
Chiquita Small
Ivy Doxley
Don Stamper
Danielle Bellamy for Ken Chapman
Amanda Stadler
Jeanette Mott Oxford
Natalie Allen
Gary Busiek
Jessica Hoey

II. Mental Health First Aid (MHFA) Vickie Epple - Department of Mental Health

Vickie Epple will send out notes after today’s meeting. She has worked with MHFA thru DMH since 20008. MHFA was first developed in Australia in 2006; DMH/MO began training in 2008. There is a youth and an adult MHFA manual. The adult manual has been revised and will now include a section on opioids. The recommendation is that everyone should take this class because we all interact with people in our daily life, personally and professionally. MHFA provides basic info on how to help people struggling with mental illness, even in crisis situations.

- Training is open for anyone and everyone; It is an 8 hour training that can be provided in two half days.
- Youth MHFA is available for people working with young adults ages 12 to 18 typically, but can assist with college age youth as well.
- Adult MHFA has 5 modules, Fire and EMS is a new module that gives scenarios and examples. Veterans, Older Adults, Higher Education and Public Safety are the other four modules.
- Statistically 1/5 people suffer with mental illness at some time in their life, could be short term or long term episode.
- Employers face an estimated 80 to 100 billion in direct costs due to lost productivity and absenteeism related to mental health.

MHFA class looks at recovery for adults and resilience for youth. You learn about the stigma and to use “people first” language. This class will assist you in your personal and professional life. There are 25 countries that have licensed and adopted MHFA. Almost
45,000 first aiders in MO who have taken the class, and 268 instructors across the state. DMH Partners with National Council for MHFA. School districts have trained their entire district so DMH is working with them to partner to offer this training. Training dollars are currently low, but can partner with other agencies and can provide training at fairly low cost. About $170 per person to take the training, but could negotiate by offering lunch, space etc….

If you would like to become an instructor, you can apply at MHFAMissouri.org

Instructor training lasts 3 to 5 days. There are scholarship dollars for the training which costs approximately $1100. This training will allow the instructor to train others.

Upcoming instructor classes:

- March 2019 has an adult instructor in St Louis MO
- April 2019 youth instructor training will be held in Kansas City MO
- June 2019 Adult instructor training will be offered in STL

DOC trained 26-28 instructors and is now working on probation and parole staff being trained next.

Go to www.mentalhealthfirstaid.org to sign up for a class and to find a trainer near you.

If you want additional information or assistance in finding a class or instructor please contact Vickie at Vickie.Epple@dmhs.mo.gov

III. GCEH Discharge Policy Discussion

Chair Jennifer Carter Dochler

The Discharge Policy was initially approved in 2011, and revised 2013. The current 2018 draft was presented today for feedback and lengthy discussion was held until 2:30 pm. After the revised draft is created with our feedback from today, a vote will take place at the next GCEH meeting in January.

Highlight of a few of the Changes and discussion notes:

- The Effective date was updated, and added that this will be the 3rd version
- Definitions and terminology has significant changes, for example the HUD definition was used for Homeless. There are several different definitions used by different agencies. Liz Hagar Mace suggested that we keep the HUD definition since HUD requires the discharge policy.
- Violence against Women Act (VAWA) 2005 and 2013 info was added; group asked if it fits in this definition section. Suggestion to add a statement of why VAWA was added: that it adds protections for victims of DV that prevents them from being discharged to homelessness. Suggestion made to add what the “designated HUD funds” are, or at least the link to more info about the VAWA funds so participants who receive that funding will recognize they must follow VAWA,
- Keep in mind that this document must be approved by several legal departments at the various agencies who will be asked to so a suggestion was made to keep language general and broad.
- Guiding principles – discussed would it be helpful to add a line that “Coordinated Entry” is updated as soon as new information is received?
- Suggestion made to include children in state care by adding being released from state custody to include youth in Foster Care through Children’s Division or Division of Youth Services.
- What is the goal of this document? To get agencies such as hospitals to sign it, public and private. Suggestion to add skilled nursing facility and a federal facility
- Guiding principles, change #4 to “documented” instead of “noted”
- Suggestion to add to Number 5 under guiding principles the language “imminent risk of homelessness”
- Suggestions given to revise the signature section to include “Agency, Organization or COC”
- Suggestion to Remove “Witnessed by” statement

Discuss Ad hoc committee – ran out of time, did not discuss this topic

IV. Subcommittee Updates – ran out of time so was unable to discuss the three topics below on the agenda
MC2, Warming Shelters, Statewide data committee

V. Old Business – please correct the minutes under attendance, Shanna Nieweg’s name was misspelled. Motion made to accept November meeting minutes with the correction.

VI. New Business –
Donna Cash- Every Student Succeeds Act definition of homelessness for McKinley Vento changed… definition for “inadequate housing” and it is being interpreted to include roaches and vermin under section 8. Schools are receiving lots of phone calls from parents who are citing this section to say their housing is inadequate and they are therefore requesting transportation to a school of their choice as a result. In some instances people are using this to access free transportation to accredited school districts when they live in an unaccredited district.

Question should housing inspections should be held annually?
Tenants have the right to say their housing has become inadequate in less than a year and can ask for a new inspection of their housing and this should be documented by the Public Housing Authority (PHA). Donna Cash wants to know if the PHA should have a record of the inspection because the parents don’t always have the documentation. The PHA should correct the issue; however this GCEH group said rural PHA’s may not have money to fix the issue with the housing. If it’s a private landlord, they must notify the landlord to provide the opportunity to get the issue repaired.

VII. Member Updates/Announcements – Ran out of time, did not discuss